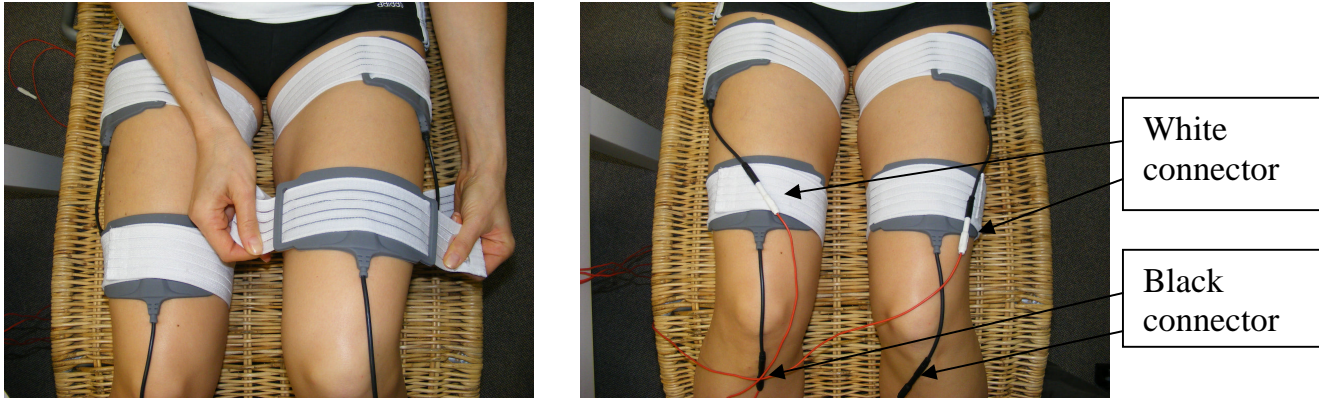


Short form instruction (page 1)

Apply the electrodes to both thighs like shown on these two pictures.



First, wet the black side of the conductive rubber electrodes with contact spray. Push the spray button for two or three times and disperse the fluid on the black side with your fingers.

Apply one electrode (80 x 120) each to the thigh just above the knee and fix each electrode with a velcro band.

Apply one electrode (80 x 120) each to the thigh just below the groin and fix each electrode with a velcro band.

The electrodes above the knee must be connected with the black connectors of the patient cable. The electrodes below the groin must be connected with the white connectors of the patient cable.

Start the unit with the main switch on the front of the device. „Adjust the intensity until you get a muscle contraction“ appears on the display.

Increase the intensity until you can see a visible muscle contraction on the thigh (Maybe some rotations clockwise, 5 is a normal value) A typical value for the current is about 160 mA. However intensities from 80 up to more than 250 mA are common practice. The chosen intensity should be comfortable for the patient.

The therapy is now started.

During therapy the intensity may decrease about 10 – 20 mA. If required, the intensity can be changed. It is recommendable to do the adjustment in the active phase (during the contraction).

At the end of the therapy, the current to the patient will be automatically reduced to zero. If you want interrupt or stop the therapy, you can decrease the intensity to 0 by turning the Intensity regulator counterclockwise. After use the electrodes can be cleaned with a wet cloth.

Short form instruction (page 2)



On this picture you see the typical treatment for polyneuropathy with the HiToP[®] 191.